

- ✓ Leave all valuables at home
- ✓ Do not wear jewelry, cosmetics (make-up), nail polish or toe polish.
- ✓ You **MUST** have someone to drive you home and someone to care for you for the first 24 hours at home when you are discharged.
- ✓ If you go home by public transportation, you **MUST** have someone, other than the driver, accompany you who can be responsible for your care.

**THINGS TO BRING WITH YOU ON THE DAY OF SURGERY:**

- ✓ A list of all your medications, including dosages and how often you take them.
- ✓ Photo identification
- ✓ Insurance cards
- ✓ Copy of your advanced directive, should you have one. The staff will copy it and forward it with you if you need to be transferred to an acute care hospital. The Center will **ALWAYS** attempt to resuscitate a patient and transfer the patient to an acute care hospital.

*The physicians and staff of the Lewes Surgery Center are committed to serving their patients and families with the highest standards of care. We continuously strive to improve our standards through education, technology, and awareness of health care costs to meet the ever-changing needs of our patients.*



## ***Patient Guide***

*17015 Old Orchard Road, Unit 4  
Lewes, DE 19958*

*Telephone: 302-644-3466*

*Fax: 302-644-4001*

Dear Patient:

Welcome to the Lewes Surgery Center. The mission of our experienced health care staff is to offer quality, state-of-the-art diagnostic testing and treatment in a relaxed, comfortable, and personalized setting.

We are committed to making your surgery as safe and effective as possible. To aid in our delivery of safe care, please provide important medical and health information to the staff at the facility. You should report any changes in your condition that may affect the care provided by the facility. Finally, please question any variation in medications, treatments, and plan of care from what you have been informed to expect.

Should you have any questions or concerns about your upcoming surgery, please call your physician's office first. You can reach the staff at the Center at 302-644-3466, between the hours of 7:00 AM and 4:00 PM, Monday through Friday.

Lewes Surgery Center  
Health Care Team

Thank you for choosing to have your procedure done at our Center. You are scheduled for surgery on \_\_\_\_\_.

You will receive information that we ask you read prior to your arrival at the Center on the day of your scheduled surgery. The following are the various brochures you are requested to review:

- Patient Rights and Responsibilities
- HIPAA Notices of Privacy Practices

Additionally, we are required to advise you that the following physicians have a financial interest in the Center:

Edmund Carroll, DO; Edward Jaoude, MD; Roman Orsini, DPM; Mohammad Mehdi, MD; Gita Pillai, MD; Claire Capobianco, DPM, Scott Schulze, MD & Karen Rudo, MD.

Should you have any issues related to the financial interest of your physician in the Center, you do retain the choice to have the procedure performed at a different facility.

The afternoon prior to your scheduled surgery, you will receive a call by 4:00 PM to notify you of the time to report to Lewes Surgery Center. Please make sure that your physician's office has your correct telephone number so that we may contact you for your reporting time.

We will leave a message on your answering machine or with members of your household unless otherwise instructed.

### ***PRE-OPERATIVE INSTRUCTIONS***

✓ **DO** shower or bathe with an antibacterial soap for 2 days prior to your surgery date, focus on the surgical site the day prior. Also, shower with the antibacterial soap the morning of your surgery.

✓ **DO NOT** eat or drink after midnight, except for small sips of water to take your medications as indicated below. Any variation in these instructions will be provided at the time of our call the afternoon prior to your scheduled surgery date.

✓ **DO NOT** take the morning of surgery the following medications:

- Diabetic oral medications. Instructions will be given by the pre-op nurse regarding insulin injections.
- Migraine medications (for at least 72 hours, if possible).

✓ **DO NOT take medications that you were instructed to stop seven (7) days prior to surgery (unless directed otherwise by your physician).**

- Plavix
- Blood thinners (Coumadin, Warfarin)
- Aspirin
- Non-steroidal Anti-Inflammatories (NSAIDS)

✓ You may take your routine medications with a small sip of water:

- Blood pressure medications (except water pills)
- Seizure medications
- Asthma medications (if you take it daily)
- Thyroid medications
- Prescription medication for gastric reflux
- Any angina medications
- Psychiatric medications
- Pain medications, if needed

✓ Bring your inhaler with you if you use one.